

MASTER CLASS

PLAY

REFLECT

STRETCH

JULY 6&7, 2023 9:00AM - 5:00PM (CET)

LOCATION: PARIS

Join Wendy-Ann Smith and Ilona Boniwell in the City of Lights – Paris – for an interactive novel masterclass, where our extraordinarily popular book *Positive Psychology Coaching in the Workplace (PPCW)* will come alive and extend your current thinking and practice of PPC. The topic of positive psychology is hugely relevant in today's workplace and for all personally.

Wendy-Ann Smith
Ilona Boniwell
Suzy Green *Editors*

Positive Psychology Coaching in the Workplace

This innovative two days masterclass will cover the 8 themes of the PPCW book:

- Professionalization of PPCW and building the business case.
- Art of reflective & Ethical practice for PPCW
- PPCW for resilience & wellbeing
- Advanced teams & systemic approaches
- PPCW for leadership
- Tools for PPCW
- Virtuosity & meaning in PPCW
- Bringing it all together: What's next for PPCW

Take advantage of the Early Bird investment of 800 € per person + VAT until May 5, 2023.

Refreshments included (not lunch)

Regular Investment: 1000 € per person + VAT (May 6 to July 6, 2023)

ICF CCE accreditation forthcoming

MASTER CLASS

The Masterclass is aimed to creatively stretch your understanding and nourish you and your practice of positive psychology in coaching during the two very practical and insightful days.

Join us to discover tools around topics such as psychological safety, connection, emotions, wellbeing, Lego Serious Play and many other areas covered in their book, as well as more recent concepts such as mattering and creativity.

Bonus gifts for attendees are:

1 signed copy of Positive Psychology Coaching in the Workplace

1 set of 4 Positran coaching – wellbeing card set

1 x Coach Nourishment virtual group facilitated by Wendy-Ann

Discounted purchase of Wendy-Ann's latest publication The Ethical Coaches' Handbook: A guide to ethical maturity

Discount for Positran tools.



Just as we described in our book *Positive Psychology Coaching in the Workplace (2021)* “Time is now for a full emergence of positive psychology coaching in the workplace as a common practice to support both mental health, wellbeing and engagement of employees, and also the bottom line required for organisational financial health and sustainability.”

Positive Psychology Coaching (PPC) as the science of human flourishing, a process towards human thriving, provide the psychological nutrients to support wellbeing, engagement and development of the people – the engine – of the workplace. This Masterclass is designed to bring our book to life for coaches and human resource professionals. Expect to be engaged, nourished, creative and challenged.



WENDY-ANN SMITH

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Wendy-Ann Smith, is a coaching psychologist, Managing Director of Eclorev, co-founder of the Coaching Ethics Forum and Visiting Fellow, Centre for Positive Psychology, Buckinghamshire New University, UK and Ethics group discussion lead at the Institute of Coaching. Her recent publications are: *Positive Psychology Coaching in the Workplace (2021)* and *The Ethical Coaches' Handbook: A Guide to Developing Ethical Maturity in Practice (publication 2023)*, and *Ethical Case Studies for coach development and practice: A Coach's Companion (Forthcoming,*

late 2023) she has also authored various chapters on coaching psychology and positive psychology. Wendy-Ann regularly coaches a small number of one-to-one clients. She designs and delivers lectures, trainings and workshops internationally in a variety of settings including universities. Her interest is supporting the development of coaches through coaching psychology, positive psychology, and increasing ethical awareness and practice.



ILONA BONIWELL

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Professor Ilona Boniwell is a professor of positive psychology at the University of East London and the original founder of the UEL's MSc in Applied Positive Psychology, the first ever degree of this type in Europe. She is one of the world leaders in positive psychology, working in the field for over 20 years, originally mentored by Martin Seligman. Professor Boniwell wrote or edited twelve books, delivered over 200 keynotes and a TEDx,

founded the European Network of Positive Psychology, organised the first European Congress of Positive Psychology and was the first vice-chair of the International Positive Psychology Association (IPPA). She is also a passionate practitioner of positive psychology. As a CEO of Positran she consulted the Governments of UAE and Bhutan and many major international companies, including ClubMed, L'Oréal, Unilever, Nestle, EY, Microsoft and BNP Paribas.